



NEWSLETTER | APRIL 2023

Kia Ora.

As we approach the Easter break, I hope everyone is having an enjoyable and fulfilling 2023 so far.

During this first part of the year, we have been having discussions with the Te Puawai Trust about a collaboration involving the garden at the rear of our site. We have struggled in the past to make best use of the garden area but the plan going forward is to create a community garden using our garden beds and green house to be able to deliver fruit and vegetables and healthy kai to those who most need it. We will let you know more as this plan comes together.

I'd like to encourage you all if you are not

already to follow Manaaki on Facebook. Every week our dedicated team post interesting updates and photos so that you can see what our clients and staff get up to. It is a great place to find out what we are really about.

As always thank you to our wonderful team and clients who together make Manaaki Ability Trust the warm, vibrant environment that it is.

Have a great Easter!

Paul Mainwaring
General Manager





DATES TO REMEMBER

19
MAY

Showcase on Friday
19th May at 1.00pm.

13
JULY

Matariki Celebration
Thursday 13th July.

05
JUNE

Centre closed for Kings
Birthday on Monday 5th June.

14
JULY

Centre closed for Matariki
on Friday 14th July.



What's Outside the Box?

Manaaki Ability Trust were excited to be a part of the "What's Outside the Box?" Expo held at Whitireia, Porirua on Saturday 18th of March.

The venue hosted over 40 different organizations to promote their services for our disabled community, their whanau and support people. It was great to be able to

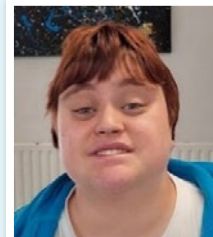
reconnect with some familiar faces and meet some new ones!

Thank you to Cam Fraser and his team for organizing such an uplifting and informative event alongside Te Pūkenga and the Iwi for providing the venue. We look forward to next year! **You Can!**

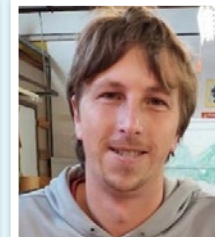
INTRODUCING OUR NEWEST CLIENTS



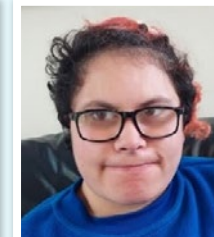
Zahra Lyford



Miriama Pittman Gates



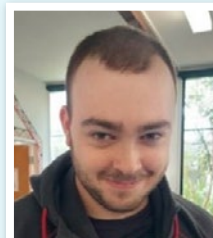
Scott Van de Riet



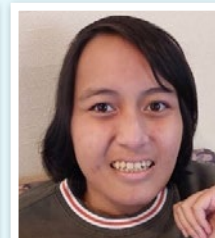
Naliyah Te Maari



Tatiana Vaireka



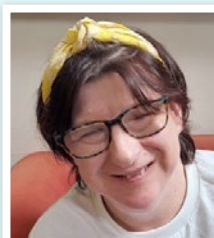
Cameron McLean



Caitlyn Whitman



Gregory Stewart



Naomi McDonnell



Ella Davenport

Reminder –

Our afternoon programmes now finish at **2.30pm!**





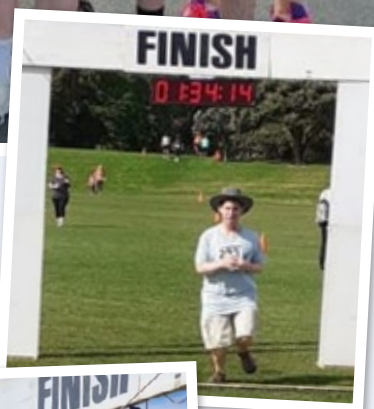
Hutt Valley Fun Run and Walk

It was fantastic to see the Hutt Fun Run and Walk take place again last Sunday!

Among the runners were Manaaki Ability Trust clients who crossed the finish line for both the 5km and 10km distance.

Thank you to the parents and volunteers for giving your time and showing your support. Well done to all the participants on the day.

YOU CAN!



"Showcase 2023"

He Wa Whakanui - a time of celebration

**Friday 19th May
Starts @2PM**

Manaaki Programmes on Show!

Join us for an afternoon of entertainment with performances by the Manaaki Misfits and our Dance Out Group.

Celebrate our latest
Duke of Edinburgh Award Achievements

View our Interactive displays
Poetry in Motion EK1 Upcycling
Manaaki Highlights Canva Creative

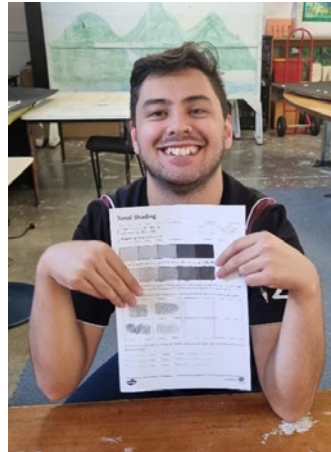
Bring some cash - Think Big Micro Enterprise will be selling their products

Mingle with other parents while viewing our art displays

"sharing what we do with our clients families and support staff"

Manaaki
ABILITY TRUST
YOU CAN!

What's happening in our new programmes?



Creative Studio is a new programme that elaborates on artistic skills refining and enhancing existing talent. Check out some of the shading techniques we have learnt!



SIM-Phonics is designed for those learning basic alphabet and recognition, learning the sounds needed to form words and those who might just want to improve their handwriting skills. Here we have Anthony, Douglas and Tony working on letter formation.



Strum N Bass is aimed at teaching the difference between a beat and a Rhythm. Using audio/visual aids we clap the rhythm and find the beat. Lets not forget fun! The 4 corners game gets you looking and listening to see what beat is being played (while trying not to get out by being in that corner at the time!).



Here we have our new programme, **Community Watch** exploring their own backyards and what is available!

Congratulations...

Congratulations to our 2023 Client Council members, Becky, Danielle and Laura.



Manaaki Misfits

Congratulations to the Manaaki Misfits who played their very first public performance yesterday!

Laura Montgomery, Michael Langley, Conor Metcalf, and Johnny Fidow Mose have worked hard at perfecting their set for this very performance and they didn't disappoint!

Well done Manaaki Misfits and thanks to all who came along to support.



MANAAKI AUDITIONS!

The 7 Kites of Matariki

AUDITIONS TO BE HELD IN
THE KAKAPO ROOM

APRIL

MONDAY | 17 | 11AM
2023

We want you!
Prop Operators!
Narrators!
Actors!



Hato Hone St John



Opportunities to work with like-minded community organizations opens opportunities for those clients who want to be a bigger part of their local community. Manaaki Ability Trust has been working away in the background with Hato Hone St John for almost a year now, working through their programmes and opportunities. It's heart-warming that as an organization, they are wanting to embrace different communities and be more inclusive.

Last year they ran the 3 Steps for Life session highlighting how to use our AED

device on site, with 3 clients completing further training to work alongside Hato Hone St John to deliver 3 Steps for Life out in the community. Earlier this year we had they delivered their Poipoia te Pitomata Leadership programme, which was hugely successful, with every participant gaining their Level 1 First Aid Certificate, and we hope to be able to deliver this fantastic programme again. Several of our clients are exploring further volunteering opportunities in the community as a result of this. We look forward to what they have in store for our Wellbeing Programme in coming weeks.

HATO HONE WEAVING WELLBEING

Later this month Hato Hone St John will be joining us on Thursdays to facilitate their Hato Hone Weaving Wellbeing programme. Charlotte who facilitates our Wellbeing programme has been preparing our current group, introducing the foundations with clients focusing on gaining more confidence, becoming healthier, and understanding emotions and reactions. Our Wellbeing programme is open to new participants who may be interested in joining us on Thursday mornings from 9.30am.



Duke of Edinburgh Hillary Award

Our Award participants have been very busy over the summer months, working steadily towards completing various sections, and getting their assessors to sign off their hard work and efforts.

To kick the year off our Silver Duke of Edinburgh Hillary Award participants completed their Adventurous Journey. They chose to complete a 'Scientific Exploration' learning about local reserves that protect our endangered wildlife – specifically our native birds. In February they visited Nga Manu Reserve in Waikanae where

they did an amazing "Nighttime Kiwi Encounter Experience". The group was fortunate to see two Kiwis up close and personal, coming within hand reach. Of course, they weren't able to touch them, the trickiest part was staying quiet for a full 60 minutes, not to scare them off.

In March they ventured away for two nights, staying at El Rancho, and traveling to Kapiti Island for a day trip. Here they learned about the history of the reserve and spotted several birds in their natural habitat while completing various walks, including Weka, Takahe, Tui, Piwakawaka

(Fantails), and Tieke (Stitchbird). The group also had the opportunity to climb the northern end of Kapiti Island and experience fantastic views to the north while having their lunch. On the mainland, while at Waimanu Lagoon they also spotted Oystercatchers, black shags, and black swans amongst a variety of ducks.

We are very grateful for the enduring support of the Thai Shan Foundation, to help make our Adventurous Journeys happen. Their support for the Award has been constant since 2020, allowing well over 20 Adventurous Journeys to be completed at both bronze and silver levels. We are excited by the opportunities

this funding provides our clients and everything that the Duke of Edinburgh Hillary Awards offer by way of life skills, adventure, and personal development for all participants.

We will be celebrating the completion of several award levels and sections, at our upcoming Showcase on May 19th, with an official presentation. Be sure to join us on the day to see certificates and badges presented, followed by an official photo!



DUKE OF EDINBURGH HILLARY AWARD ACHIEVEMENTS

Our Duke of Edinburgh Hillary Award participants have been steadily working towards completing sections for their Bronze and Silver Awards. Here's a snapshot of the achievements in recent weeks!

Bronze Award: Service

Karen - Chip Packet Project (major)

Johnny - Community Clean-ups

Lucas - Chip Packet Project

Bronze Award: Skill

Michael - Cooking

Bronze: Physical Recreation

Michael - Walking

Karen - Walking/Fitness

Silver Award Adventurous Journey

Laura, Danielle, Ryan, Conor and Patrick

Silver Award Service (26hrs)

Laura - Community Clean-ups

Welcome to our new Bronze Award

Participants - Tristan, Becky, Elyzah and Lewis.

*Well done to all
our participants!*



Road Ready

We recently launched our very first learner license programme.

Over the term the clients have been exploring the road code in an interactive learning environment. With the help of digital resources access to the road code is seamless, while learning has also been taken into the community where we have learned about road signs and giving way.

With a high level of motivation, our clients are already achieving learning goals!



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