

## **NEWSLETTER | AUGUST 2023**



















### INTRODUCING OUR NEWEST CLIENTS









# Three programmes beginning in August

Our ever-popular Kapa haka will be returning on Tuesday mornings. Jaymie will be leading this group, weaving culture, dance, and Waiata together to create those magical performances for our centre events.

Steve from New Zealand Disability Karate Association will be running a 12-week Manaaki Karate program on Friday afternoons. Participants will work towards achieving their Yellow Belts by October focusing on self-defence and safe non-contact karate moves.

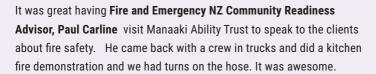
Fridays will also see more people in the kitchen with the start of our Cooking Room program, run by Charlotte. Clients will create and bake some delicious items over 12 weeks, practicing and sharing skills that they already know, and mastering some new techniques at the same time. This program is designed for those who can already cook or may be living independently who just want to practice the art of cooking!















How awesome it was to have Stephen Hilson, from New Zealand **Disability Karate Association** visit Manaaki and show our clients techniques for strengthening the body, basic self-defence and engaging activities and exercises.



## The Manaaki Experience Band Performance

Thank you very much for the musical entertainment the Manaaki Experience Band have performed at War Memorial Library in May 2023. You all have transformed the library into a magical place with your music and have made a lasting impression on us staff and customers alike.

We are very grateful that you made yourselves available and would like to express our gratitude for the skill, expertise, and enthusiasm you demonstrated and the joy you brought to everybody around. We also hope that we may see you again in the library in the future.

Ngā mihi, Susanne | Lower Hutt Library

### Star Jam

It was great having a boogie with our guest Zoe Christall, Star Jam Regional Programmes Manager.







## **Creative Concepts**



This year's entries for the IHC Art Awards have been handed in! Everybody works so hard learning new techniques and fine-tuning existing skills to make their incredible art pieces! We are so proud of them and their huge efforts!





### **Creative Studio**



Right on the tail of the IHC Art Awards, Emma Kelleher has entered her photography into the IHC Capture the Moment Photography Competition. We took this opportunity to go out with our Creative Studio group and talk a bit about basic camera skills and subject composition.



## "Very well done": Prime Minister Chris Hipkins congratulates Special Olympians

There was a moment of amusing awkwardness between members of New Zealand's Special Olympic football team when they met Prime Minister Chris Hipkins in the Beehive.

Conor McCarthy introduced himself to the Prime Minister and Robertson, to say that his position on the left wing meant that he "scored most of the goals", including New Zealand's first hat-trick.

The 39 athletes in the team competed last month in the Special Olympics in Berlin, Germany, joining 7000 other athletes with an intellectual disability from 190 countries. The team won a record-high 34 medals - five golds, 17 silvers and 12 bronzes.

Credit NZ Herald 4th July 2023 Photo/Mark Mitchell











## Myth Explorers

Over the past 6 months our Myth Explorers has been on an exciting journey through science as they have delved into experiments and research. From explosive coke and mentos reactions to fascinating insights on indigenous plants, hologram boxes and imploding soda cans, our clients have used their curiosity and critical thinking to form new passion for learning.







# Flatmates Cooking Ka Pai Flatmates Cooking!

The group were hard at work in the weeks leading up to Manaaki's

Matariki celebration, making lots of yummy fry bread! The morning of the celebration the kitchen was full of energy as they focused on making and preparing the rest of our delicious Kai.



# Duke of Edinburgh 60<sup>th</sup> Anniversary

Our Award clients have been working solidly towards their hours, showing their dedication to achieve their goals and complete their hours. While the participants have been focusing on their award efforts they have also been involved in events to celebrate 60 years of the award in New Zealand.

#### **60<sup>TH</sup> ANNIVERSARY VIDEO**

The Duke of Edinburgh Hillary Award has created a commemorative video to celebrate the 60th Anniversary and our Manaaki Clients feature in it. Check it out on their website <a href="https://dofehillary.org.nz/60th">https://dofehillary.org.nz/60th</a>

#### TREE PLANTING

Our Duke of Edinburgh Award participants were part of the 60th-anniversary celebrations organized by the national head office. Together they helped plant 270 plants in one hour at Bracken Street - a short walk from Manaaki Ability Trust. It will be great in years to come to look back and think that they were involved in the tree planting and see how much they have grown.









### DISCO



Manaaki hosted their very own Duke of
Edinburgh 60th Anniversary Disco as part of a
nationwide challenge, where registered entrants
stand a chance of winning some of the \$5000
Mac Pac vouchers on offer. The evening was
a hit with all our clients. Our Bronze and Silver
participants organized the Disco and helped
with ticketing and catering on the night. Funds
raised from ticket and food sales on the night
have been donated to Heart Kids NZ.





### **DUKE OF EDINBUGH AWARD RECENT ACHIEVEMENTS**

**Bronze Award: Physical** 

Lacey - Walking, Tristan - Fitness, Becky - Bowling

Bronze Award: Skill Becky - Driver's License

Well done to all our participants!













# Think Big Micro Business

Matariki created an awesome opportunity for our entrepreneurs to create and sell products, at our Matariki afternoon in July. Karen's Harakeke flowers were hugely popular and she sold out. Lacey's Matariki Gnomes were in hot demand, and several people missed out on buying one. Niki's origami stars were very popular and the Chelsie's crystals team had parents purchase more of their products. Our team is now focusing on developing their products even further - watch this space to see what unfolds!!





ARTISAN CRAFT MARKET



Saturday 26 August

Saturday 18 November

See you there for your Christmas Shopping!



### Finally Back by Popular Demand!

**The Kids Foundation Razzamatazz** show lasts approximately 60 minutes and is suitable for all ages. Our show is intended to be enjoyed by special needs or disadvantaged children. Bring the kids and join us for fantastic family oriented **Comedy with a Wow Factor!!** You won't be disappointed.

### ★ Tickets are free & invitation only ★

The **complimentary** tickets are "sponsored" by local businesses to allow your clients and their families the chance to enjoy this engaging performance for free.

If you would like to request tickets for some of your children and their families, please fill out your details below and return to us asap. *The earlier you return your ticket request the more likely you are to receive your ticket allocation*. Tickets are limited to a maximum of **40 per show** and we cannot guarantee that you will receive the full number of tickets.







WOW WE HAVE AWESOME CLIENTS!!











