

Manaaki Ability Trust Programmes – 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
9.30am - 10.30am	Home-Base Groups Meetup with your Disability Support Coordinator Client Mtg – 1 st Monday of the month	Computer Hub Baking Room First Aid	Podcast 101 Duke of Ed Bronze Wellbeing Sue's Reading	Media Studies Flatmates Cooking Independent Living	Money Crunchers Creative Craft Book Club
10.30am	Morning Tea				
11.am – 12.00pm	Word Whizz Geo History Discovery	Strum & Base Social Savvy Mind Hub Activation	Arrive Alive Social Media Dance Out Sue's Reading	Learn the Recorder Worldly Discussions Duke of Ed Silver	Debating/Toastmasters Quizmasters Canva Design
12.00pm	Lunch				
1.00 – 2.30pm	Career Tech Creative Studio Healthy Living	Fitness Training Fun Fit	Trade Tech Theatre Sports IHC Creative Concepts	Fitness Training Fun Fit	Myth Explorers Choir Manaaki Karate

Louisa
 Janelle
 Janet
 Brad