



April 2025

Manaaki
ABILITY TRUST
YOU CAN!

Message from Paul

Hello everyone,

I'm sure everyone has enjoyed the hot summer months, but we are about to see the arrival of some wet Winter weather. Please make sure your whanau are equipped with quality wet weather gear so that they arrive at Manaaki warm and dry. We have a brand-new spacious locker room for everyone to hang their coats and store their bags so that will help a great deal

Lacey and Rhian who are attending the Level 3 Health and Wellbeing course at Weltec, are on placement with us for two days each per week. I hope everyone will make them welcome and that they enjoy their ten-week stint with us.

Since Kimi Ora school vacated our building in December and we commenced the new year everyone has enjoyed having a large amount of additional space with the refurbished Kea Room. This has really taken some pressure off. We have had the old fence at the front of the building replaced with a new one. The larger courtyard area inside the fence will be further developed for recreational use.

The building of the new Kimi Ora school at the rear of our site will be completed and operational by the end of April.

Our Duke of Ed Programme is very busy at this time of year I must commend Louisa for going above and beyond to ensure the success of this very important part of our programme.

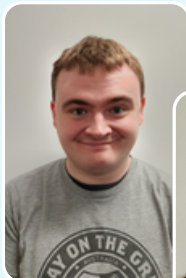
Thanks also to the rest of our team members who are putting in a great effort. We have high attendance numbers at present with often over sixty clients per day on the premises.

A special thanks to Stephen Hilson of the NZ Disability Karate Association. There is an amazing number of clients participating in his classes. It has been a great success.

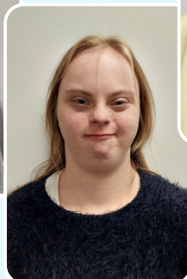
Paul Mainwaring
General Manager



INTRODUCING OUR NEWEST CLIENTS



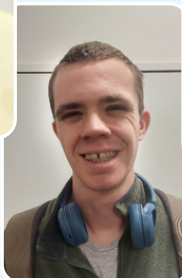
*Philip
Ritchie*



Holly Reed



*Rosemary
Malcolm*



Oscar Taylor



*William
Miller*

Welcome to Manaaki



SHOWCASE 2025

Friday 6th June from 1pm

All Whanau and caregivers welcome for an afternoon of entertainment by clients and highlights of what we have been doing so far this year.

DATES TO REMEMBER



Friday 18th April Easter Friday

Centre Closed

Monday 21st Easter Monday

Centre Closed

Friday 25 April - ANZAC Day

Centre Closed

Monday 2nd June - Kings Birthday

Centre Closed

Friday 6th June - MANAAKI SHOWCASE from 1pm

All Whanau and caregivers welcome for an afternoon of entertainment by clients and highlights of what we have been doing so far this year.

Friday 20 June Matariki

Centre Closed

*Mark
your
Calendar*

STAY DRY ON RAINY DAYS

Wear a raincoat

Wear gumboots

Use an umbrella

Bring a change of
clothes



**Stay
HOME
IF SICK**

12 Week Programmes

Our first 12-week programmes roll over at Easter time, with our first programmes coming to an end.

The second group of 12 week programmes start after Easter. Check your timetable or ask your coordinator if you are unsure.

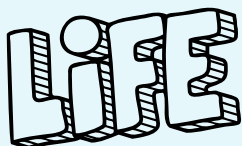
We have spaces available if anyone is interested in learning the Xylophone on Wednesday mornings. If anyone is interested in joining a beginners' Ukulele class later this year, let your coordinator know.

Recorder Xylophone Baking Room Healthy Living Wellbeing



NZCSLW 2025 - JULY INTAKE

Weltec will be visiting as guest speakers at our May Client Meeting, to share all about their New Zealand Certificate in Skills for Living Work course. This is for those who have already completed their Year One course, who wish to continue with their study and look at work/employment options for the future. If any clients or parents are interested in finding out more or to enroll for their July intake, please call Joel Hirsh on Mob: 027 234 15289 or email him Joel.hirsh@weltec.ac.nz



The Duke of Edinburgh's Hillary Award



7 clients from our Bronze Duke of Edinburgh Hillary Award completed their Bronze Practice Adventurous Journey last month.

They visited the Waikanae Lagoon and the Waikanae Scientific Reserve, spotting native birds during their walks.

Next month, they will visit Nga Manu Reserve and do the Nighttime Kiwi Experience for their Qualifying Journey.

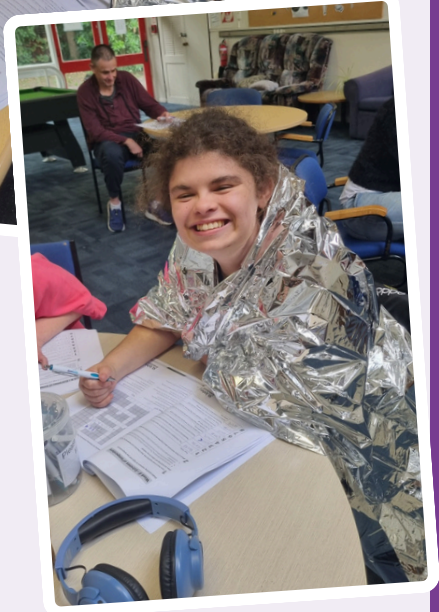
Our Gold Award participants are planning their Adventurous Journeys, heading to Brookfield for their practice journey and then later this year to the base of Tongariro for their Qualifying Journey.

Thank you to the Tai Shan Foundation for your ongoing support in making our Adventurous Journeys achievable



A big Well Done, to everyone who has completed a section recently!

Bronze Qualifying Journey - Nga Manu Reserve May 8th & 9th

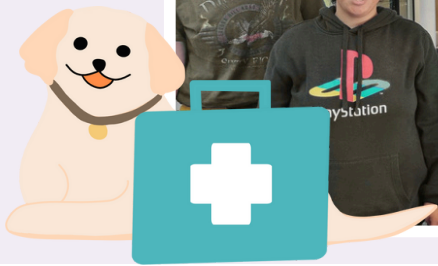


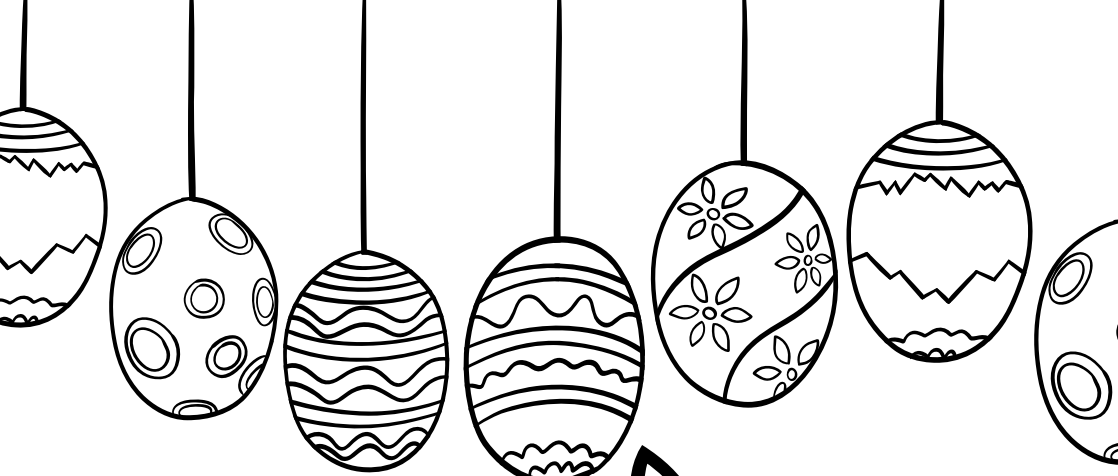
First Aid

This year so far in first aid we have covered topics such as fractures, strains and sprains and how to apply a bandage properly, as well as making a sling.

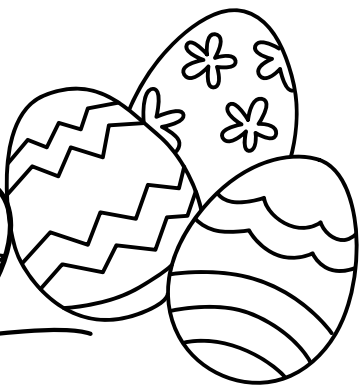
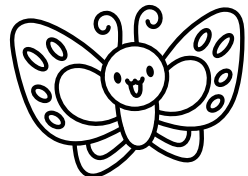
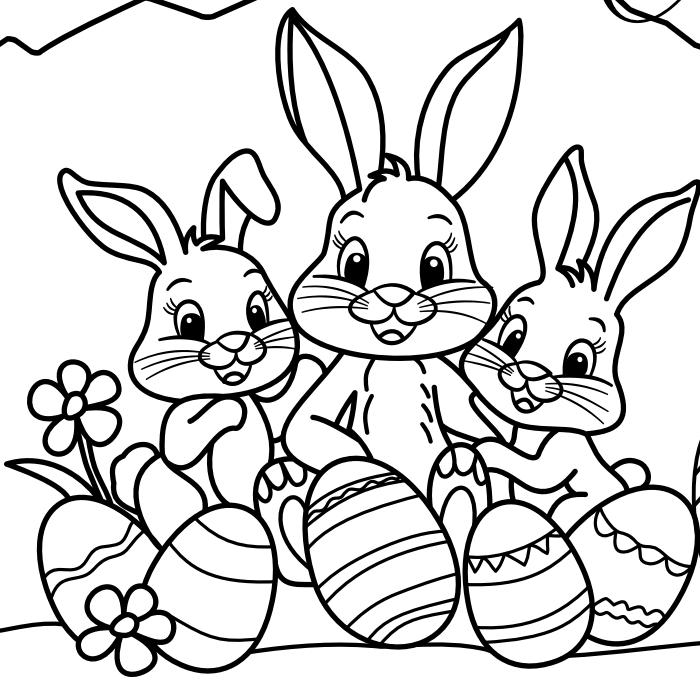
We have covered Hypothermia and heat exhaustion too. Here you can see some of the guys trying out a foil thermal blanket. They said they felt warm within seconds of wrapping it around them! How cool!

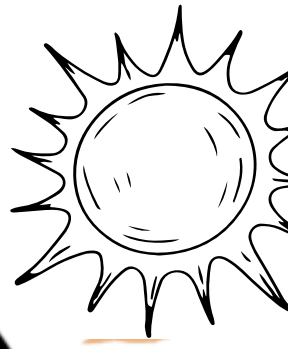
We also familiarised ourselves with the instructions on our AED





HAPPY
Easter



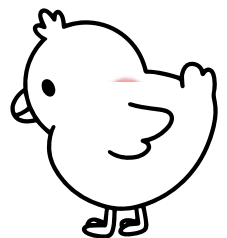


BUNNY
EGGS
CHICK
JELLYBEAN

BASKET
SPRING
FLOWER
EASTER

GRASS
CANDY
HUNT
DYE

BONNET
SUNDAY
PEEPS
LAMB



CREATIVE CRAFT EASTER PROJECT



Creative Craft have been busy hatching a chicken project for Easter.

Using balloons and paper mache to create the body, they then painted their chickens and added feet and eyes. The final touches are being added in time for all the chickens to head to their homes at Easter!



Wow!



Brain Gym

Teams battle it out in Brain Gym each week with fun interactive cognitive games.

From testing their memory and strategy with an enlarged version of a beloved classic “Memory Matching Game”, to racing against time collecting as many balls for their teams with a modified “Fishing Game”, or working out their balance, concentration and hand-eye coordination with the Cup Unstacking Challenge.

It’s always a fun way to exercise mind and body at Brian Gym.



Lost something this year ?

Sunglasses, charging cable, jacket?
Viv has a draw filled with “Stuff” that has been left at the centre.

We also have a box of clothing, that includes rain coats and jackets. See Viv at the office, if you have lost something.



BOARD OF TRUSTEES

Parents and Whanau, you are undoubtedly aware that we have a Board of Trustees for governance purposes. Trustees attend a monthly meeting to review our performance and policies and make key decisions on behalf of Manaaki Ability Trust and its members.

Each year, if there are vacant positions on the BOT, we ask for nominations to be received at least two weeks before the Annual General Meeting in November. If there are more nominations than positions available then a vote is held at the AGM to elect new board members.

If you have a keen interest in Manaaki and its future, then consider making yourself available to be nominated to the Board of Trustees.

Please approach one of the management team and we will ensure that you have all the necessary information.



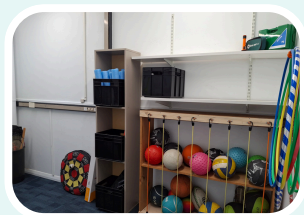
Our new Kea Room!

Our first client meeting of the year on the 3rd of February marked the opening of the 'newly refreshed' Kea Room. It was all hands on deck, with modifications, recarpeting, and painting all happening in the new year.

This room is proving invaluable as a space for our Fun Fit, Dance Out and Karate Programmes. With an amazing new sports cupboard, an internal drinks station and amazing natural light, the clients are enjoying having the additional space.

The outside courtyard has been resown, and come spring, it will be a welcome area for clients to also enjoy during their lunch breaks.

Parents and whanau will be able to view this news space at our upcoming Showcase in June!



Hanging up bags is a cool thing to do....



in our new locker room!



Kimi Ora School

UPDATE



Artist Impression

The builders have been extremely busy working on the new transition unit for Kimi Ora School at the rear of our site.

The building is almost ready and everything is expected to be finished and open ready for Term 2.

This week we have had concrete trucks visit to pour the driveway and surrounding paths.

NEW
SCHOOL
BEGINNINGS





Food DANCE

Craft DRAMA:

SHOWCASE
2025

Friday 6th June from 1pm

Wow

Manaaki
ABILITY TRUST
YOU CAN!

Fun

