

# 2026 Trial Programme Options

	Monday	Tuesday	Wednesday	Thursday	Friday
9.30am - 10.30am	Social Savvy Typing Lab Zumba Cardio Fit Wellbeing	Cryptic Lab Mind Hub Brain Gym Fun fit	Independent Living Dance Out 101 Life Literacy Skills Manaaki Karate	AI Tech* Te Ao Māori Fun fit Life Literacy Skills	Basic NZ Sign Language Independent Living Gizmos and Gadgets Zumba
10.30am			Morning Tea		
11.am – 12.00pm	Mahi Ora First Aid Women’s Wellbeing Geo History	Work Smart Digi-Quiz Men’s Wellbeing Strum & Base	Money Crunchers Eco Savvy Move and Groove	Coding Lab* Quizmasters Ukulele Worldly Discussions	Debating Alpha Lab Manaaki Karate
12.00pm			Lunch		
1.00 – 2.30pm	Healthy Living Craft Collective* Theatre Sports Xylophone	Canva Design* Creative Studio* Flatmates Cooking Team Sports	Podcasting 101 Duke of Ed Bronze Art 4 Art Awards Healthy Living	Drive* Flatmates Cooking Sewing* Team Sports	Myth Explorers Xylophone Fun Fit  *Friday finish @ 2pm

Louisa      Janelle      Thea      Brad      Kimberly      Rhian

\* must show potential for these programmes